



Women'sHealth

10 RED 10 MILE



PRESENTED BY



NEW YORK CITY

Runners will depart scenic Pier 84 at Hudson River Park at 7:00am. Participants will continue south on the West Side Highway in the southbound lanes which will be closed to traffic for approximately 3 miles from 43rd Street to North Moore Street. Runners will then proceed north on the attractive Hudson River Park Esplanade. Upon reaching Gansevoort Street, runners will merge onto the closed West Side Highway running north to 23rd Street where runners will merge back onto the Hudson River Park Esplanade and Green Path returning to the finish line at Pier 84 to complete the 10K race route.

